

Secrets of Getting

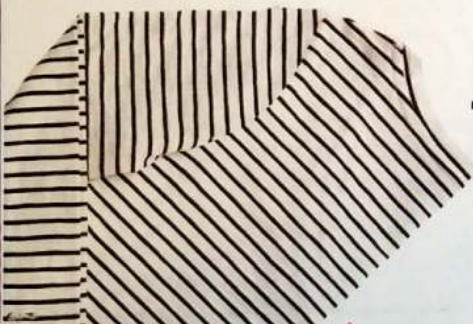
Organized

MAKE

SMARTER

LABELS

FIND TIME FOR YOU!

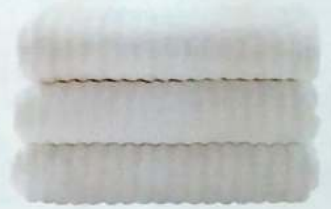


GET READY FASTER



132 WAYS TO SIMPLIFY YOUR LIFE

PLUS! CLUTTER CURES FROM THE PROS



STRESS LESS OVER MEALS



CLEAN QUICKLY



2016
DISPLAY UNTIL JUNE 7
BHG.COM/SOGO

UPGRADE YOUR PANTRY

TIDY YOUR BATH

REGAIN YOUR GARAGE

EDIT YOUR CLOSET





Helene Segura

Do you want to wake up 10 years from now and lament, "I wish I'd lived a little more instead of working around the clock?" Helene Segura doesn't want to either. That's why she tells her time what to do—and teaches busy professionals how to do the same by slaying lost time.

The author of two Amazon best-selling books, Helene has been the featured productivity expert in more than 100 media interviews. During her time management keynotes and workshops, she shares her mind-bending framework for decreasing interruptions, distractions, and procrastination so companies can spend more time generating revenue.

On weekends, Helene can be found experimenting with recipes or sneaking adult beverages onto the lawn bowling court. Her third book, *The Inefficiency Assassin: 30 Time Management Tactics for Working Smarter, Not Longer* will be published in April 2016.

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