What Your Workspace Says About You [Infographic]

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WHAT YOUR WORKSPACE SAYS ABOUT YOU

The need to have things just so in the workplace can tell a lot about a person. Everything from the colors surrounding us to the way files are arranged can impact productivity.

Real Business asked Helene Segura, a certified professional organizer, and Linda Samuels, president of the Institute for Challenging Disorganization, to explain the different workspace characteristics.
1. CLUTTER OF BOXES AND PAPER
You're a procrastinator who delays decisions and actions. Or a sentimental one.

2. COMPLETELY EMPTY ROOM
Efficient and hyper-organized. Or maybe you don't have enough work to do.

3. PHOTOS OF FAMILY AND FRIENDS
You have a life outside of work. But place too many and it may distract you from your job.

4. INSPIRATIONAL QUOTES
You're a visual learner. Cues and reminders help you stay motivated.

5. SCENTED OBJECTS
You believe in aromatherapy. Remember to be considerate of co-workers' allergies.

6. COLOR CODES
Red stimulates appetite. Blue, green, and other earth tones are often calming. Yellow is energizing.

7. MUSIC WHILE WORKING
You're someone who needs to block out office noise to concentrate. (Classical music is best for productivity.)

8. KNICK-KNACKS
You're a kinesthetic person who functions better with touch. But too many toys could mean you're not serious about work.

Presented by Xerox